

SPIRIT AND HEART

SPIRITUAL HEART DISORDERS

	Scripture Reference	Spiritual Disorder
1	Moses 6:27	Heart Waxed Hard
2	D&C 121:35	Heart Set On the World Heart Aspire to Honors of Men
3	Alma 10:6	Wicked Heart of Rebellion
4	Mormon 9:27	Heart of Unbelieving
5	D&C 58:15	Heart of Blindness

SPIRITUAL HEART PRESCRIPTION

	Scripture Reference	Spiritual Prescription
1	Helaman 15:7—change of heart	Exercise Faith in God Working True Repentance
2	Alma 5:11-14—mighty change of heart	Believe in the Word of God Exercise Humility Before God Trust in God
3	1 Nephi 2:16—soften of heart	Cry Unto the Lord Believe in the Words of the Living Prophets
4	D&C 97:8—broken heart	Honest With God Observe the Covenants of the Lord Obey the Lords Commandments
5	Helaman 3:29, 35—clean hearts	Fast Often Pray Often to God Practice Humility Toward God Give Your Heart to God
6	Alma 31:5—virtuous heart	Preach the Word of God
7	Mosiah 2:9—understanding heart	Begin to Listen and Look for God