

THE WHOLE OF ARMOR OF GOD

D&C 27:15-18

Wherefore, lift up your hearts and rejoice, and gird up your loins, and take upon you my whole armor, that ye may be able to withstand the evil day, having done all, that ye may be able to stand. Stand, therefore, having your loins girt about with truth, having on the breastplate of righteousness, and your feet shod with the preparation of the gospel of peace, which I have sent mine angels to commit unto you; Taking the shield of faith wherewith ye shall be able to quench all the fiery darts of the wicked; And take the helmet of salvation, and the sword of my Spirit, which I will pour out upon you, and my word which I reveal unto you, and be agreed as touching all things whatsoever ye ask of me, and be faithful until I come, and ye shall be caught up, that where I am ye shall be also. Amen.

Protection From Foe	Body Part Protected	Meaning
Truth	loins girt	virtue, chastity
Righteousness	breastplate of the heart	conduct
Preparation	feet shod	objective, goals
Salvation	helmet of the head	thoughts
Faith	shield	power against temptation
Spirit	sword	only offensive weapon

The Seven Articles in the Whole Armor of God	Type and Shadow of Christ
1- <u>loins girt about with truth</u>	1- John 14:6
2- <u>breastplate of righteousness</u>	2- Jeremiah 23:6
3- <u>feet shod with the preparation of the gospel of peace</u>	3- Isaiah 9:6
4- <u>shield of faith</u>	4- D&C 35:14
5- <u>helmet of salvation</u>	5- Hebrews 2:10, 1 Thessalonians 5:8-9
6- <u>sword of my Spirit</u>	6- John 1:1
7- <u>whole armor</u>	7- Matthew 5:48b, 3 Nephi 12:48

Sacrament of the Son Is the Armor of God

"How fitting it was during the observance of this ancient covenant of protection (Passover) that Jesus should institute the emblems of the new covenant of safety—the emblems of his own body and blood." (Howard W. Hunter, *Ensign*, May 1974, pg. 18)

Harold B. Lee taught: We have four parts of the body that... [are] the most vulnerable to the powers of darkness. The loins, typifying virtue, chastity; the heart, typifying our conduct; our feet, our goals or objectives in life; and finally, our head, our thoughts. (*BYU-Speeches of the Year* [November 9, 1954], Feet Shod with the Preparation)

O God, the Eternal Father, we ask thee in the name of thy Son, Jesus Christ, to bless and sanctify this bread to the souls of all those who partake of it, that they may eat in remembrance of the body of thy Son, and witness unto thee, O God, the Eternal Father, that they are willing to take upon them the name of thy Son, and always remember him and keep his commandments which he has given them; that they may always have his Spirit to be with them. Amen.

Breastplate of righteousness = "that they are willing to take upon them the *name* of thy Son"

(Mosiah 5:12 - I say unto you, I would that ye should remember to retain the name written always in your hearts, that ye are not found on the left hand of God, but that ye hear and know the voice by which ye shall be called, and also, the name by which he shall call you.)

- Daily act of selfless service

Helmet of salvation = "that they do always *remember* him"

(Mosiah 4:30 - But this much I can tell you, that if ye do not watch yourselves, and your thoughts, and your words, and your deeds, and observe the commandments of God, and continue in the faith of what ye have heard concerning the coming of our Lord, even unto the end of your lives, ye must perish. And now, O man, remember, and perish not.)

- Daily wholesome music

Feet shod with the preparation of the gospel of peace = "*keep his commandments* which he has given them"

(D&C 101:36 - Wherefore, fear not even unto death; for in this world your joy is not full, but in me your joy is full.)

- Daily walk with God (D&C 20:69) [meetings, temple, prayer]

Loins girt about with truth = " that they may always have his *Spirit* to be with them"

(Moroni 10:5 - And by the power of the Holy Ghost ye may know the truth of all things.)

- Daily reading of the Word of God → Holy Ghost