

8 R's of REPENTANCE

	<u>God's Plan</u>	<u>Scriptures</u>	<u>Satan's Strategy</u>	<u>Scriptures</u>
1	Recognize Realize	1 John 1:8	Rationalize	2 Nephi 28 7-9
2	Remorse Regret	2 Cor. 7:10	Resent	2 Cor. 7:9
3	Resolve Recommit	Moroni 6:3	Regress Reconsider	Alma 34-30-35
4	Recite Report	D&C 64:7	Repress	D&C 121:37
5	Reform Restart	D&C 58:43	Repeat Redo	D&C 82:7
6	Repair Restore	Mosiah 27:35	Remember Not	Moroni 8:25-26
7	Release	D&C 64:9-10	Retain	D&C 19:4, 16-17
8	Receive	D&C 58:42	Remain	Isaiah 53:3-5

“Remember what repentance is: Many times a Bishop will write: ‘I feel he has suffered enough?’ But suffering is not repentance. Suffering comes from lack of complete repentance. A Stake President will write: ‘I feel he has been punished enough!’ But punishment is not repentance. Punishment follows disobedience and precedes repentance. A husband will write: ‘My wife has confessed everything!’ But confession is not repentance. Confession is an admission of guilt that occurs as repentance begins. A wife will write: ‘My husband is filled with remorse!’ But remorse is not repentance. Remorse and sorrow continue because a person has not yet fully repented. But if suffering , punishment, confession, remorse, and sorrow are not repentance, **what is repentance?** The Old Testament was written in Hebrew. The word for repentance is ‘*shube*.’ The New Testament was written in Greek. The word for repentance is ‘*metaneo*.’ ‘Meta’ refers to change, thus ‘*metaneo*’ means a change of mind or thought or thinking so powerful and so strong that it changes our very way of life.” (Theodore M. Burton, BYU Speeches, March 26,1985, pg. 95-101)